

the **checkup**

your pulse on preparedness

A Kansas Healthcare Coalition Publication

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Cybersecurity Awareness

“When it comes to cyber incidents...its no longer a matter of if, but when,” said Andrew Jarrett with the TEEX Cyber Readiness Center. Jarrett was recently a guest speaker during the 2021 KS Healthcare Coalition Virtual Preparedness Summit and offered many helpful tips for Developing a Cybersecurity Program on a Budget. The following are some of the highlights that Andrew Jarrett offered.

- Most of the threat actors are targeting organizations for money; however, research notes that it’s starting to impact patient outcomes including longer hospitalizations and increased patient deaths.
- Unprotected systems can be used to stage attacks against other targets.
- According to IBM, 62% of all cyber-attacks detected last year were targeted towards small and mid-sized organizations.
- A cybersecurity program should aim to help the organization:
 - Meet regulatory, audit, and legal requirements
 - Identify and manage cyber risk
 - Prevent cyber attacks from occurring when possible
 - Reduce or mitigate the impact of successful cyber attacks
 - Protect critical data and business processes
- A Cybersecurity Awareness Program includes: Technical Mitigations, Processes and Plans, Education along with “Care and Feeding.” It requires program leaders, a cybersecurity champion, and a holistic approach,. Input for program must come from Senior Executives, Legal Counsel, Human Resources, Risk Management, Individual Business Units and Outside Vendors / Partners.

(For the “Developing a Cybersecurity Program on a Budget” full presentation along with the Cybersecurity Program Checklist, and a list of free resources to get your program started please go to <https://bit.ly/21KSPrepSummit>).

Great American

Shake Out



Kansas is included in the
Central US region.

The International ShakeOut Day is always the third Thursday of October (this year: October 21). While [COVID-19](#) has brought many uncertainties and challenges, one thing’s for sure: ShakeOut is still happening this year! As always, you can hold your #ShakeOut drill when and where you want. You can choose another date or several dates, and include people in multiple locations (home, work, or school), perhaps through video conferencing. It’s a good idea to practice earthquake safety in different situations each year! (Information was taken from <https://www.shakeout.org>.)

Earthquake Preparedness will be featured in our February newsletter, but until then, know that the <https://www.cdc.gov/disasters/earthquakes/prepared.htm> website has many resources available for you as you make sure your organization is prepared for an earthquake.

Earthquakes happen all the time in Kansas, at this writing, Kansas has had 8 earthquakes in the past 7 days, 36 earthquakes in the past 30 days and 699 earthquakes in the past 365 days with the largest being a 2.5 earthquake in Solomon, Kansas. [Today’s Earthquakes in Kansas, United States \(earthquaketrack.com\)](https://earthquaketrack.com)



HCC Best Practices

knows the COVID practices and resources. During this same survey, the surveyor inspected the COVID unit processes and questioned visitors on PPE training practices. as last rites were being given to a patient who was at the end of life. **Best Practice:** make sure you have a policy in place to train visitors on highly infectious disease protection measures throughout the hospital.

- Recently, a Kansas county, was hit with a cyber attack. Initially, the county government offices were reassured of their data because they had established a back-up server. They were soon met with the realization that the attacker had already found the back-up server and was holding it for ransom as well The attacker easily found the back-up server as it was labeled, "Back-up Server." **Best Practice:** have a back-up server labeled with a name not easily identified and load another server named, "Back-up Server" with junk information.

- During a recent Joint Commission Survey, hospital floor staff were asked to identify policy and processes involved in COVID response. **Best Practice:** make sure everyone

Workplan Items Due:



- 11/30/21 Review the HCC Response Plan for completeness and consistency with requirements, including inclusion of a burn annex reviewed and/or updated after each exercise and major event.
- 12/31/21 Complete the Redundant Communications Drill
- 12/1/2021 Final Preparedness Plan approved and sent to KDHE
- 12/31/21 Review de-identified data from EmPower to HCC membership



Resource Checklist:

- Several facilities across the State have had to secure suitable storage for those deceased. The following is an option recently presented at an AHEPP webinar (not HCC recommended or sponsored). This portable unit that can be used as a temporary morgue and can be purchased or rented. <https://www.paladinprepare.com>
- Need some Hand Sanitizer? Please contact Jonathon.



The Kansas Healthcare Coalitions will be represented at the National Healthcare Coalition Conference November 30-December 2. Danielle Marten, Kerry McCue and Michael Bomberger will present, "Level of Care Transitions: Long Term Solutions for COVID 19 Problems." All Kansas HCCs were involved in this project and are commended for their work well-done!

NW HCC Date to Remember: The next NW Membership Meeting will be held Tuesday, December 7th at 1:30 pm. Please register for this meeting on KS Train using course number 1084798. Meeting materials are available at <http://www.kshcc.com>. The November Executive Team meeting will be November 3rd and the December Executive Team meeting will be December 1st. Group & Individual Crisis Intervention Training Mon Oct 25th 8:00am - Wed 27th 5:00pm Logan County EMS Building, 702 E 5th St, Oakley, KS 67748. Seats are Limited!



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